



## CO-REC FLAG FOOTBALL 2009

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**REGISTRATION DEADLINE:** Instant Scheduling will begin on Monday, August 31<sup>st</sup> from 1-5 PM and on Tuesday, September 1<sup>st</sup> from 9 AM - 4 PM.

**ENTRY FEE:** \$80.00 per team

**PLAY BEGINS:** Tuesday, September 8<sup>th</sup>, 2009

1. Rules and Regulations: Check your intramural brochure in regard to eligibility.
2. Any student whose physical condition or health status is such that participating in flag football might be detrimental to his/herself is ineligible to play unless he/she has written permission from University Student Health. Determining his/her health status and getting permission to play is the responsibility of the student and must be arranged by the student.
3. The University of Iowa does not provide health or accident protection for participants. The University and any of its employees are not liable for injuries that might be sustained while participating. If insurance protection is desired, the participant must provide it himself.
4. **TOTAL FEE OF \$80.00 MUST ACCOMPANY ENTRY.** Any team that forfeits one of its scheduled games in league play will automatically be dropped for the remainder of the schedule. They may apply for reinstatement by paying a forfeit fee (\$40.00) within 48 hours of the forfeit. In order to obtain default status, a team must fill out a default form by 1:00 PM the day of a game (Mon.-Fri.) or 4 hours prior to Sunday games. These forms are available at Recreational Services Office at the Field House.
5. The co-rec league will have playoffs following the five week regular season. The top three teams in each section will be automatically included in the playoffs.
6. An individual may play on only one men's or one women's team and one co-rec team.
7. Complete rules will be available at registration and on the Recreational Services website.

### **T-SHIRT REQUIREMENT**

Players on a team are required to wear the same color t-shirt. Each team captain will choose a shirt color at registration. Players without team shirts will not be allowed to play. Teams who fail to wear team shirts will be forced to default their game.

### **ROSTER AND ID REQUIREMENTS**

All teams will be required to provide the *names, signatures and UI ID numbers* of each individual that will play on that team. These rosters will be due at team registration. Forms will be available during the season to add individual students to a team's roster. **Before each game, every player must present a valid UI ID in order to participate. No exceptions will be made to this requirement. NO ID = NO PLAY**

The University of Iowa requests this information for the purpose of registration in Recreational Services programs. No persons outside the University are routinely provided this information except for items of directory information such as name and local address. Responses to all items are required. If you fail to provide the required information, the University may not consider your registration.

# INTRAMURAL FLAG FOOTBALL

## MANDATORY

### CAPTAINS' MEETINGS

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## 2009 SEASON

- **ALL TEAMS MUST BE REPRESENTED** by a Team Captain or team representative at **ONE** of the meetings offered below.
- Teams that are not represented at one of these three meetings **WILL BE DROPPED FROM THE LEAGUE.**

<p><b><u>Meeting 1:</u></b></p>
<p><b>Tuesday, September 1<sup>st</sup> @ 5:00 PM</b></p>
<p><b>UI Field House North Gym</b></p>
<p><b><u>Meeting 2:</u></b></p>
<p><b>Tuesday, September 1<sup>st</sup> @ 6:00 PM</b></p>
<p><b>UI Field House North Gym</b></p>
<p><b><u>Meeting 3:</u></b></p>
<p><b>Wednesday, September 2<sup>nd</sup> @ 4:00 PM</b></p>
<p><b>UI Field House North Gym</b></p>

- These informational meetings will cover rules, eligibility, roster and ID requirements, game conduct, sportsmanship, and introduction to the Intramural Staff.
- If a team captain fails to attend one of the Mandatory Meetings a make-up meeting will be offered on Thursday, September 2<sup>nd</sup> at 9:00AM in E 201 Field House for a fee of \$40.



The University of Iowa  
Intramural Sports

**CO-REC FLAG FOOTBALL ENTRY FORM**

**ALL TEAM PLAYERS MUST COMPLETE BOTH SIDES OF THIS FORM**

TEAM NAME: \_\_\_\_\_

CAPTAIN'S NAME: \_\_\_\_\_

CAPTAIN'S PHONE NUMBER: \_\_\_\_\_

CAPTAIN'S EMAIL: \_\_\_\_\_

	Player's Name (PLEASE PRINT CLEARLY)	University of Iowa ID #
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		

**ALL TEAM PLAYERS MUST COMPLETE BOTH SIDES OF THIS FORM**

Both Sides of this Entry Form must be completed with each team member's signature  
and valid UI ID Number

In order for a roster to be accepted, there must be a minimum of 6 and a maximum of 15 players listed

**Liability Waiver and Assumption of Risks For the University of Iowa Recreational Services  
CO-REC FLAG FOOTBALL**

**ALL TEAM PLAYERS MUST COMPLETE BOTH SIDES OF THIS FORM**

**Team Captain (please print):** \_\_\_\_\_

**Date Signed:** \_\_\_\_\_

In consideration of being permitted to participate in the University of Iowa Division of Recreational Services intramural flag football program, I hereby release, on behalf of myself, my family, my heirs, and my assigns, the university of Iowa Division of Recreational Services, its employees, agents, and sponsors, from liability for injury, death, or loss suffered by me while participating in the intramural flag football program, using the facilities, or engaging in any activities incidental thereto, wherever, whenever, or however the same may occur, which result from the ordinary negligence of the University of Iowa Division of Recreational Services, its employees, agents, or sponsors.

I also affirm that **I am voluntarily participating** in the University of Iowa Division of Recreational Services intramural flag football program and further acknowledge that I know, understand, and appreciate the inherent risks of intramural flag football (ranging from minor injuries such as sprains, to major injuries such as heart attack, knee injuries, to catastrophic injuries such as death or paralysis). I assume full responsibility for any and all injuries or damages from the inherent risks of intramural flag football which may occur to me as a result of participation in the University of Iowa Division of Recreational Services intramural flag football program.

1. I have read and understand and agree to the above: \_\_\_\_\_
2. I have read and understand and agree to the above: \_\_\_\_\_
3. I have read and understand and agree to the above: \_\_\_\_\_
4. I have read and understand and agree to the above: \_\_\_\_\_
5. I have read and understand and agree to the above: \_\_\_\_\_
6. I have read and understand and agree to the above: \_\_\_\_\_
7. I have read and understand and agree to the above: \_\_\_\_\_
8. I have read and understand and agree to the above: \_\_\_\_\_
9. I have read and understand and agree to the above: \_\_\_\_\_
10. I have read and understand and agree to the above: \_\_\_\_\_
11. I have read and understand and agree to the above: \_\_\_\_\_
12. I have read and understand and agree to the above: \_\_\_\_\_
13. I have read and understand and agree to the above: \_\_\_\_\_
14. I have read and understand and agree to the above: \_\_\_\_\_
15. I have read and understand and agree to the above: \_\_\_\_\_

**ALL TEAM PLAYERS MUST COMPLETE BOTH SIDES OF THIS FORM**