



2009 Men's and Women's Summer 4 on 4 FLAG FOOTBALL

REGISTRATION DEADLINE: Thursday, June 11 @ 4:00 PM in E216 Field House
Registration is limited to 32 teams.

ENTRY FEE: \$40.00 per team

SCHEDULES AVAILABLE: Friday, June 12 by 1:00 PM - E216 Field House

PLAY BEGINS: Tuesday, June 16, 2009

1. Any University of Iowa student, faculty, and staff that was registered by the university in either the Spring 2009, Summer 2009, or Fall 2009 semesters are eligible to participate. All other eligibility rules apply. Check your IM Rules carefully in regard to these rules.
2. Any student whose physical condition or health status is such that playing intramural flag football might be detrimental to herself/himself is ineligible to play unless she/he has written permission from the University Student Health before playing. Determining her/his health status and getting permission is the responsibility of the student and must be arranged by the student. The IM Office Staff and the University of Iowa are not responsible for any injuries, health problems, or any physical problem that may occur while participating in intramural flag football.
3. TOTAL FEE OF \$40.00 MUST ACCOMPANY ENTRY. Any team that forfeits one of its scheduled games in tournament play will automatically be dropped from the remainder of the tournament.
4. Teams will be divided into 4 team pools. The top two teams from each pool will advance to the playoffs. Playoffs will begin July 8th.
5. Play will be on Tuesdays and Thursdays. Please select a day preference on the roster form. All of a team's regular season games will be played on the day you select. However, playoff games may be played on a different day.
6. A minimum of four spots will be reserved for a Women's League. However, if 4 women's teams do not register then there will be no Women's League.
7. A representative from each team must attend one of the scheduled captains meetings on **Thursday, June 11 @ 4:15pm in E201 FH or Friday, June 12 @ 12:15pm in E201 FH** to reserve their spot in the league.

ROSTER AND ID REQUIREMENTS

All teams will be required to provide the *names, signatures and UI ID numbers* of each individual that will play on that team. These rosters will be due at team registration. Teams will **not** be registered if their rosters are not complete. These rosters will be used to check teams in for each game.

Before each game, every player must present a valid UI ID in order to participate. No exceptions will be made to this requirement. **NO ID = NO PLAY**



The University of Iowa
Intramural Sports

4 on 4 FLAG FOOTBALL TEAM ROSTER FORM

ALL TEAM PLAYERS MUST COMPLETE BOTH SIDES OF THIS FORM

LEAGUE (circle one): MEN'S WOMEN'S

DAY PREFERENCE (circle one): TUESDAYS THURSDAYS

TEAM NAME: _____

CAPTAIN'S NAME: _____ CAPTAIN'S CELL PHONE: _____

CAPTAIN'S EMAIL: _____

	Player's Name (please print clearly)	University of Iowa ID #
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

ALL TEAM PLAYERS MUST COMPLETE BOTH SIDES OF THIS FORM

All team members must be on this roster in order to compete for the team listed.

4 on 4 FLAG FOOTBALL

ALL TEAM PLAYERS MUST COMPLETE BOTH SIDES OF THIS FORM

Team Captain (please print): _____

Date Signed: _____

In consideration of being permitted to participate in the University of Iowa Division of Recreational Services intramural flag Football program, I hereby release, on behalf of myself, my family, my heirs, and my assigns, the university of Iowa Division of Recreational Services, its employees, agents, and sponsors, from liability for injury, death, or loss suffered by me while participating in the intramural flag football program, using the facilities, or engaging in any activities incidental thereto, wherever, whenever, or however the same may occur, which result from the ordinary negligence of the University of Iowa Division of Recreational Services, its employees, agents, or sponsors.

I also affirm that **I am voluntarily participating** in the University of Iowa Division of Recreational Services intramural flag football program and further acknowledge that I know, understand, and appreciate the inherent risks of intramural flag football (ranging from minor injuries such as sprains, to major injuries such as heart attack, knee injuries, to catastrophic injuries such as death or paralysis). I assume full responsibility for any and all injuries or damages from the inherent risks of intramural flag football which may occur to me as a result of participation in the University of Iowa Division of Recreational Services intramural flag football program.

1. I have read and understand and agree to the above: _____
2. I have read and understand and agree to the above: _____
3. I have read and understand and agree to the above: _____
4. I have read and understand and agree to the above: _____
5. I have read and understand and agree to the above: _____
6. I have read and understand and agree to the above: _____
7. I have read and understand and agree to the above: _____
8. I have read and understand and agree to the above: _____
9. I have read and understand and agree to the above: _____
10. I have read and understand and agree to the above: _____

ALL TEAM PLAYERS MUST COMPLETE BOTH SIDES OF THIS FORM