

Campus Recreation & Wellness Center

The \$69 million, 215,000 square foot Campus Recreation & Wellness Center (CRWC) will be located on the southwest corner of the intersection of Burlington and Madison Streets. This state-of-the-art facility will provide much-needed fitness and aquatic space as well as bring together the various wellness groups from around campus.

The building was designed by RDG Planning & Design of Des Moines, Iowa. The UI Project Manager is Steve Buckman. The UI Construction Managers are Steve Otto and Brian Keating.

Facility highlights include:

- **Café and lounge space**
- **Wellness Center:** 9000 square feet of shared space for Health Iowa, University of Iowa Wellness and Recreational Services - Wellness. The Wellness Center will include a massage room, classroom, assessment offices and an activity room.
- Panoramic Views to the north and east of the building from fitness and administrative areas.
- A 1080 square foot **Classroom** that can be divided into two sections.
- **Steam Room**
- **Sauna Room**
- **Climbing Wall:** a 54 foot tall wall with 8 ropes and a separate bouldering wall. The climbing wall will allow for lead climbing.
- **Fitness Area:** 20,042 square feet over three levels. The fitness area will include state of the art Nautilus cardio equipment. A variety of selectorized and free weight equipment will also be included.
- **Activity Rooms:** three activity rooms will be located on the third floor for a variety of fitness and wellness classes.
- **Administrative Areas** for Recreational Services and Athletics: This area will include 17 offices, a conference room, reception area, student employee lounge and staff lounge.
- **Competition and Dive Pools (Natatorium):**
 - 8-lane, 50-Meter Competition Pool with a 7 foot minimum depth and double bulkhead system to allow the pool to be divided into 2, 25-yard or 2, 25-meter sections
 - Training Room and Office – 645 square feet
 - Separate 17 foot deep Diving Well
 - 2 - 1 meter spring boards
 - 2 - 3 meter spring boards

- 1, 3, 5, 7.5 and 10 meter diving platforms
 - Permanent Seating for 1188 in the Natatorium
 - Additional seating in the Gymnasium overlooking the Natatorium of 200
 - Team Locker Rooms for Men's and Women's Varsity Teams
 - Meet Management Room
 - Wet Classroom for aquatics instruction
 - Varsity Team Room/Lounge
 - Separate Entrance for pool users and spectators
 - Athletic Training Room and Office
- **Leisure Pool:**
 - Zero Depth Entry
 - Tot slide
 - 25-person Spa
 - 3, 20-yard lap lanes
 - Bouldering Wall (will allows users to climb up the rock wall a few feet and then fall back into the water)
 - Current Channel (similar to a small “lazy river”)
 - Vortex (a feature that will spin users around in a circle)
 - Water Basketball and Volleyball
 - Video Board for movies
 - 3 Bubble Benches (benches located throughout the pool that have water jets)
- **Locker Rooms:**
 - Men’s & Women's Club Locker Room.
 - 258 lockers (women) & 270 lockers (men)
 - lounge area with Flat Screen TV
 - Men’s & Women’s General Locker Room
 - 236 half size lockers in each
 - 69 coin lockers in each
 - 4 Family Locker/Changing Rooms.
- **Gymnasiums and Indoor Track:**
 - 3 lane jogging/walking track located on the third floor with a large glass exposure on the south side - 9 laps per mile.
 - 2 Full size basketball courts marked for basketball and volleyball.
 - 1 Multi-Activity Court marked for basketball, volleyball and soccer.

The following units will be housed in the CRWC:

- Recreational Services
- Varsity Athletic Men’s & Women’s Swimming & Diving Teams
- Health Iowa
- UI Wellness

Contacts

Recreational Services

The mission of Recreational Services involves “serving the university community, through recreational activities”. Through Fitness & Wellness, Intramural, Touch The Earth Outdoor Programs, Lesson Programs and Sport Clubs, Recreational Services really does offer something for everyone.

Harry Ostrander, Director, harry-ostrander@uiowa.edu, 319-335-9281

Wayne Fett, Senior Associate Director, wayne-fett@uiowa.edu, 319-335-9290

Kerry DuBay, Assistant Director – Marketing, Kerry-dubay@uiowa.edu, 319-335-8439

Athletics – Swimming & Diving

Men’s & Women’s Varsity Athletic Swimming & Diving Teams will use the CRWC as their practice and competition venue.

Jane Meyer, Senior Associate Director, jane-meyer@uiowa.edu, 319-335-8874

Marc Long, Head Men’s & Women’s Swim Coach, marc-long@uiowa.edu, 319-335-9261

UI Wellness

UI Wellness, the faculty and staff wellness program, provides a variety of health and wellness services for employees that are comprised of awareness and education initiatives, behavior and lifestyle change programs, and the creation of supportive environments. The ultimate goal of UI Wellness is to create a university culture that values and meets both the individual and organizational needs for health improvement and enhancement.

Joni Troester, UI Wellness Director, joni-troester@uiowa.edu, 319-335-2692

Megan Moeller, UI Wellness Coordinator, megan-moeller@uiowa.edu, 319-335-5424

Health Iowa

Health Iowa's mission is to support student learning through educational and health promotion services that help students create healthy lifestyles. Health Iowa services are delivered by certified and licensed professionals in specialty areas of physical activity, nutrition, stress, tobacco cessation, and substance abuse.

Sarah Hansen, Associate Director for Education/Health Iowa Coordinator,
sarah-hansen@uiowa.edu, 319-335-8387

Tanya Villhauer, Assistant Director, Health Iowa, tanya-villhauer@uiowa.edu; 319-335-8388

Architects

The facility was designed by RDG Planning & Design out of Des Moines, Iowa.

Paul Klein, Project Manager, pklein@rdgusa.com, 515-288-3141

Brian Lindgren, Project Assistant, blindgren@rdgusa.com, 515-288-3141