

# Two Weeks in Recreation

November 27, 2007

## Touch the Earth



### Yellowstone National Park Jan. 5 - 13, 2008 Adventure Trip

This trip is open to UI students, UI faculty & staff and the Public.

For more information contact the Outdoor Rental Center at 384-1225.

**Register for Winter Break Lifetime Leisure Skills Classes on ISIS.** Classes include Self-Defense, Ballroom Dancing and Cross-Country Skiing. Earn one credit hour for each class.

## Coyote Camp

Coyote Camp provides 3rd & 4th grade students with a unique opportunity to study and observe the wildlife of the prairies, wetlands, and woodlands of Macbride in a winter setting. Each session is limited to 40 campers.

### Session dates are:

December 20 - 21 & December 27 - 28

Registration forms are available online at:

<http://www.recserv.uiowa.edu/programs/Camps/wildlifecamps.htm>

## Fitness & Wellness

Need a place to work out over break? Purchase your winter break pass today at the following facilities: E216 Field House, Fitness West, Fitness East and the Recreational Building. Winter Break passes are valid from November 26, 2007 - January 21, 2008. Winter Aerobics Passes are also available for \$45 in E216 Field House.



## Upcoming Events & Deadlines

November 29	Intramural 3-Point Shooting Contest & Badminton Registration Deadline
December 1	WonderGirl 5K, 10 AM, Lower City Park, Register: <a href="http://www.active.com">www.active.com</a>
December 1	Night Games & Intramural Texas Hold'em, Field House
December 5	Deadline for the Yellowstone National Park Adventure Trip
December 5	Deadline for the Sea Kayaking Florida's Coatline Adventure Trip
December 7	Intramural Table Tennis Registration Deadline

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact Recreational Services in advance at 319-335-9293.



## Intramurals



### Intramural 3-Point Contest

For more information visit the Intramural page on the website.

Event Dates:  
November 29  
December 2  
December 3

### Intramural Badminton

Registration Deadline:  
November 29, 2007  
Event Date: December 3



### Intramural Table Tennis

Registration Deadline:  
December 7, 2007  
Event Date: December 9

## Reminder: LOCKER RENEWAL TIME!



For those of you who rent a locker at one of the four facilities: Field House, Fitness East (Halsey Hall), Hawkeye Tennis & Recreation Complex (Fitness West) or the Recreation Building, it is time to renew! If you decide not to renew, please have your locker emptied by the close of the business day on **Friday, December 21st**, the last day of final exams.

## Night Games December 1

Night Games is a late night event with free recreational activities, such as rock climbing and racquetball.  
9 PM - 1 AM  
Field House



Texas Hold'em will take place during Night Games this Saturday! The event begins at 9:30 pm with registration beginning at 9 pm in the North Gym. Participation is limited, so make sure to come early!

<http://www.recserv.uiowa.edu/events/NightGames.htm>









The Division of Recreational Services  
E216 Field House / 319-335-9293  
[www.recserv.uiowa.edu](http://www.recserv.uiowa.edu)  
[rec-services@uiowa.edu](mailto:rec-services@uiowa.edu)

# Upcoming Special Event Closures:

December 1	9 pm - 1 am	Night Games	None
December 2	9 am - 4 pm	Cheerleading Clinic	North Gym
December 8	8 am - 8 pm	Co-ed Gymnastics Meet	North Gym
December 8	11 am - 8 pm	Vietnamese Student Assoc. Basketball Tourn.	Main Deck (Courts 7 & 8)
December 14	7 pm - Close	Hawkeye Shootout Basketball Tournament	South Gym
December 15-16	8 am - Close	Hawkeye Shootout Basketball Tournament	South Gym, Main Deck, Badminton Courts, & Staff Lounge

## Regular Hours:

**\*\*Make sure to check the website or the bulletin boards for new or updated closures.\*\***

	Field House:	6 AM - 11:30 PM (M-F) 8 AM - 11:30 PM (S & S)
	Fitness Loft:	6 AM - 11 PM (M-F) 8 AM - 11 PM (S & S)
	Field House Pool:	10:30 AM - 1:30 PM & 7:00 PM – 9:00 PM (M-F) 1:00 PM - 4:00 PM & 7:00 PM – 9:00 PM (S & S)
	Hawkeye Tennis & Recreation Complex:	6 AM – 10:30 PM (M – F) 8 AM – 10:30 PM (S & S)
	Outdoor Rental Center:	4 PM – 7 PM (Monday) CLOSED (Tuesday - Thursday) 4 PM – 7 PM (Friday) CLOSED (Saturday) Noon - 5 pm (Sunday)
	Fitness East:	6 AM - 11:00 PM (M-F) 8 AM - 11:00 PM (S & S)
	Recreation Building:	6 AM - 10:30 PM (M-F) 8 AM - 10:30 PM (S & S)
	Macbride Nature Recreation Area & Raptor Center:	9 AM - 6 PM (November - March) 6 AM - 9 PM (April - October)



## Winter Break Hours

Check online to see the Winter Break hours for your preferred recreation facility.

Hours for each facility can be found online at:

<http://www.recserv.uiowa.edu/geninfo/facilityinfo.htm>

**For changes to your subscription of this listserv or to view past messages**

Visit <http://list.uiowa.edu/archives/recservices.html>