

# Dr. Steve Goff



**1954 - 1998**

## Educator, Athlete, Friend

Dr. Steve Goff was a professor in the Department of Health, Leisure, and Sport Studies from 1994 to 1998. He was an outstanding educator and athlete who died of cancer at the age of 43. Steve lived his life by the motto "Life is not a spectator sport". He was always encouraging his students to become involved and participate in activities which promoted health and well-being.

## Scholarship:

All proceeds from the run/walk will be donated to the Steve Goff Scholarship Fund. (The Scholarship will be awarded yearly to an undergraduate student in Leisure Studies at the University of Iowa.)

## The Race:

Sunday, October 4, 2009  
Race day registration: 8:15 - 9:00 a.m.  
Race start: 9:00 a.m. WALK  
9:30 a.m. RUN

## Entry Fees:

Registration is \$12 if received before September 26  
Race day registration is \$15 (8:15 a.m. - 9:00 a.m.)

## Race Course:



The cross country course is located just west of the Hawkeye Recreation Fields, on Hawkeye Park Road. Please park in the Hawkeye Commuter/Storage Lot.

It is 5K and will be clearly marked the day of the event.

## Transportation:

If you live in the residence halls and need a ride to the race, call Nancy (335-9295) by noon on Friday, October 2nd.

## Runner Awards:

There will be two different divisions: Intramural and Open. The Intramural Division is for all University students, faculty or staff. The Open Division is for anyone not affiliated with the University.

\*\*\* Participants in the Intramural Division must show a University ID at race check-in.

Intramural Champion t-shirts will be awarded to the winners in the 5K Run and 5K Walk for the following divisions: Open-Men, Open-Women, Intramural-Men and Intramural-Women.

## Results:

Results will be posted outside of the Recreational Services Office in the Field House on Monday, October 5.

Results will also be posted on the Recreational Services website at: [www.recserv.uiowa.edu](http://www.recserv.uiowa.edu)

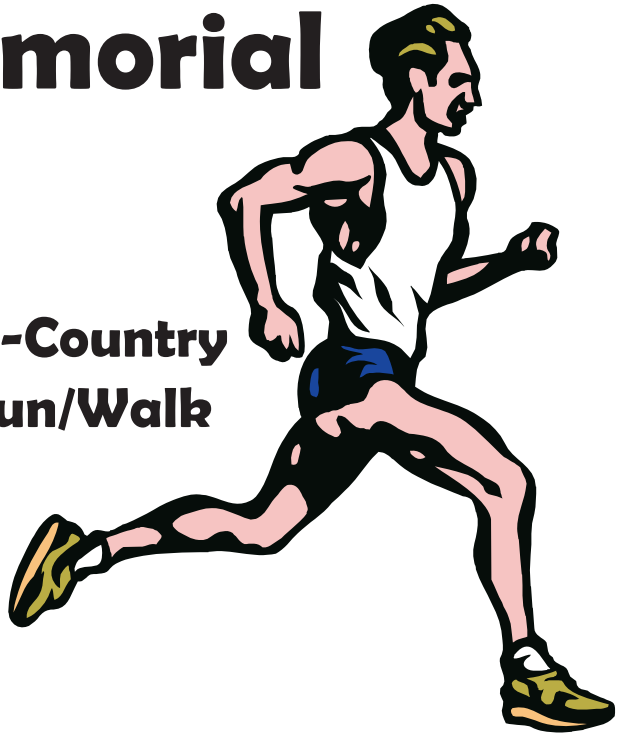
## Questions:

Recreational Services  
E216 Field House / 335-9293  
[www.recserv.uiowa.edu](http://www.recserv.uiowa.edu)  
[rec-services@uiowa.edu](mailto:rec-services@uiowa.edu)



Recreational Services  
Presents:

# Steve Goff Memorial



Cross-Country  
5K Run/Walk

**Sunday, October 4, 2009**

Race Day Registration: 8:15 a.m. - 9:00 a.m.

**Walkers start at: 9:00 a.m.**

**Runners start at: 9:30 a.m.**

University of Iowa  
Ashton Cross-Country Course  
(West of the Hawkeye Rec Fields  
& North of Melrose Ave.)



Steve Goff Memorial Run/Walk  
E216 Field House  
Iowa City, IA 52242

Participants registered in the Intramural Division, must show a University ID at the time of check-in.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
E-mail Address: \_\_\_\_\_  
Mail Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Age (as of 10/04/09): \_\_\_\_\_ Gender: Male \_\_\_\_\_ Female \_\_\_\_\_  
Division: Intramural \_\_\_\_\_ Open \_\_\_\_\_  
Race Type: 5K Run \_\_\_\_\_ 5K Walk \_\_\_\_\_

Total Steve Goff fees: \$ \_\_\_\_\_  
Make Checks Payable to:  
Steve Goff Memorial / UI Foundation  
Send Completed form and entry fee to:  
Steve Goff Run/Walk  
Recreational Services  
E216 Field House  
Iowa City, IA 52242  
For more information call the Division of  
Recreational Services at 335-9293

In consideration of my entry to the Steve Goff Run/Walk, I hereby for myself, my heirs, executor, and administrators, release and forever discharge the City of Iowa City, the University of Iowa, organizers, volunteers, sponsors, officials and all of their agents, servants, employees, directors, officers, affiliates, parents, subsidiaries, assigns, and all persons connected in any way with the Steve Goff Run/Walk, of and from any and all rights, claims, demands, and actions of any and every nature whatsoever that I may have, for any and all loss, damage or injury sustained by me before, during or after said race.

I am at least 18 years of age and may enter into this contract on the date executed by me. I further state that I have trained adequately and am in suitable athletic condition to compete in the race I have entered.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_